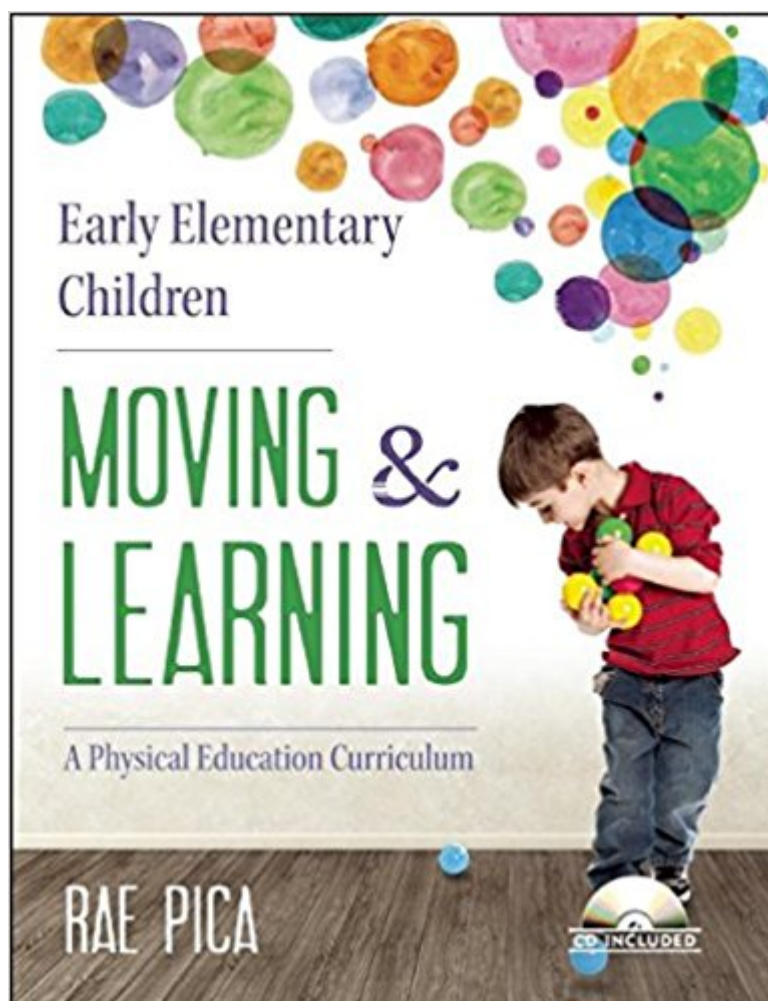


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# Early Elementary Children Moving And Learning: A Physical Education Curriculum



## Synopsis

A complete movement curriculum for early elementary children Physical education is a critical part of early learning. Movement experiences exercise the whole body—including the mind—and can help children develop a lifetime desire for health and fitness and success in all areas of academic learning. With more than 100 developmentally appropriate physical activities, this curriculum promotes children's participation in and enjoyment of creative movement that is inclusive, active, and fun. Everything you need to get started is here, including: An introduction to implementing physical education into your curriculum An explanation of the ways creative movement supports children's physical, social/emotional, cognitive, and creative development Tips to create a positive learning environment, suggestions for adding equipment to activities, simple questions to evaluate whether or not the children are meeting the activity's objective, and information on how the activities meet early learning standards outlined by NAEYC and AAHPERDA wide variety of activities; plus extensions and adaptations for children with special needs; falling under five categories: openers and closers, basic movement, cooperative activities, educational gymnastics, and rhythm and dance Curriculum Connectors that identify each activity's correlation with content learning areas A CD filled with original music to add joy and energy to the activities

## Book Information

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## Customer Reviews

Rae Pica: Rae Pica has been an early childhood education consultant, specializing in children's

physical activity, since 1980. She is cofounder of the BAM! Radio Network, the world's largest online education radio network, and host of Educators Radio programs Body, Mind, and Child and Teacher's Aid, for which she interviews experts in education, child development, play research, the neurosciences, and more, on a wide variety of topics. Rae is the founder and director of Moving and Learning, a company offering services and materials related to physical activity for children from birth to age eight. A former adjunct instructor with the University of New Hampshire, she is the author of many books for early childhood professionals and parents. Rae has shared her expertise with such groups as the Sesame Street Research Department, the Head Start Bureau, Centers for Disease Control, the President's Council on Physical Fitness and Sports, Nickelodeon's Blue's Clues, Gymboree, and state health departments throughout the country. Rae also served on the task force of the National Association for Sport and Physical Education (NASPE) that created national guidelines for early childhood physical activity, is a member of several advisory boards, and serves on the executive committee of the Academy of Education Arts and Sciences International.

The Kindle version DOES NOT come with music.

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